Spice@Five

AUTHENTIC PUNJABI TAKEAWAY • HONITON, DEVON

5★ Food Hygiene Rated
Freshly Prepared by Pam Sambhi

HEATING & FOOD STORAGE INSTRUCTIONS

Simple, step-by-step guidance to ensure your home-cooked meal is hot, delicious, and safely stored.

Curries, Mains & Special Rice

SUPPLIED IN MICROWAVE-SAFE CONTAINERS

- **Microwave (Recommended):** Loosen lid to vent steam. Heat curries for 3–4 mins (5 mins for Special Rice). Stir halfway through. Ensure piping hot throughout.
- **Stove Top (Hob):** Transfer curry into a saucepan. Heat gently on medium heat for 5–8 mins, stirring occasionally until bubbling and piping hot.
- **Oven:** Transfer to an oven-safe dish (not plastic). Cover with foil and heat at 180°C (fan 170°C) for 15–20 mins.

Sides, Kebabs, Tikkis & Samosas

FOR HOT, CRISPY & GOLDEN RESULTS

- **Turkey Kebabs:** Oven at 180°C for 12–15 mins until hot, or microwave (loosened lid) for 3–4 mins.
- **Aloo Tikki & Bombay Samosas:** Oven or Air Fryer at 180°C for 10–15 mins. *Air fryer method:* 5 mins at 180°C for crisp pastry.
- **Mughlai Paratha:** Wrap tightly in kitchen foil and heat in oven at 180°C for 10–15 mins (or Air Fryer for 5 mins).
- **Pakoras:** Oven at 180°C for 8–10 mins, or Air Fryer at 160°C for 4–6 mins for optimum crispiness.

Naan Breads & Flatbreads

CLAY-OVEN BAKED AUTHENTIC NAANS

- **Microwave (Soft & Warm):** Wrap naan in a slightly damp kitchen paper towel. Heat for 20–30 seconds. Serve immediately.
- **Oven (Crisp & Fluffy):** Preheat oven to 180°C (fan 170°C). Lightly sprinkle naan with a few drops of water. Wrap loosely in foil. Heat 5–7 mins (open foil for last 1 min).
- **Storage (Room Temp):** Keep in sealed bag, best eaten within 2 days.
- **Freezing:** Wrap pieces with parchment paper between slices. Freeze up to 3 months.

Refrigeration & Freezer Guide

FOOD SAFETY & FRESHNESS RULES

- **Refrigeration:** Keep chilled in the fridge (0–5°C) and consume within 4 days of collection.
- **Home Freezing:** All curries, biryanis, tikkis, kebabs, and naans freeze excellently for up to 3 months. Freeze on collection day.
- **Defrosting:** For best results, defrost overnight in the refrigerator.
- **Reheat from Frozen:** If reheating directly from frozen, add an extra 2–3 mins in the microwave or 7–10 mins in the oven.

IMPORTANT FOOD SAFETY

Check Food Is Piping Hot: Food must be heated to at least 75°C throughout (steaming hot in the centre) before serving. **Never reheat food more than once.** Do not refreeze food that has previously been defrosted.